

Dunlea Family Program

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Family Worker



What the Family Program offers:

- ▶ It is designed to reconnect families and young people through a variety of methods and settings.
- ▶ Completion of intake and ongoing assessment to ascertain support needs and requirements specific to each individual family.
- ▶ Creates an environment where we develop trust with clients to enable them to be honest about issues to facilitate improved family relationships over time.
- ▶ Follow up with individuals and families about support needs and requirements - face to face meetings, phone calls, emails, monthly flyer sent out for upcoming events and outings.
- ▶ Provide a service grounded in evidence based practice and evaluation of outcomes.

Family Support

- ▶ *Life is rarely perfect and families often struggle with conflict leaving both parents and children with a lot of heartache.*
- ▶ *We are providing the time and space for you to remain in contact with your loved ones on a regular basis in an environment which is safe and non confrontational.*
- ▶ *Seeing your child on a regular basis in an environment which is supportive can help bridge that gap which stands between you and your child. No matter how difficult the circumstance staff are available to help support either yourself or your family member.*
- ▶ *It may not always resolve conflict or past hurts but seeing a loved one on a regular basis can often mean the world to them.*

Our Families and Young People

- ▶ Young People aged 13-19 years
- ▶ Come from a variety of backgrounds and cultures
- ▶ Want to reconnect in some way with their families
- ▶ May have other issues such as AoD that are impacting the family unit
- ▶ Sometimes require additional support and referral to other services

Family Camps 2010 - Opportunities for families to reconnect



Aims of Family Program

- ▶ To create a safe (psychological & physical) space for young people and their families.
- ▶ Provide support, information and referral as required.
- ▶ To support other YOTS services within the service environment to help create the continuity of care for the young person.

Feedback from families

- ▶ " It is so great to spend time with my son, leave all the worry and stress behind for a while and to se him smile." (A parent)
- ▶ " My brother and I didn't fight as much as we usually do." (A Young Person)
- ▶ I am enjoying spending time with my family." (A parent)
- ▶ "Camps are fun because they help to connect families." (A Young Person)